

# THE THREE STAGS

## Menu

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### Starters

#### Soup of the Day 7

#### Scotch Egg 7

*served with whole grain mustard mayo and watercress*

#### Cornish Crab 10.5

*with taramasalata, chervil on toasted sourdough*

#### Burrata 9.5

*with cherry tomatoes, black olives, truffle mushroom tapenade in a balsamic glaze*

#### Scottish Salmon 9.5

*with burnt leek, pickled cucumber, salmon eggs and crème fraîche*

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### Sharing Platters

#### Meat Platter 17

*three Italian cured meats, hummus, Manchego cheese, olives, cornichon, artichoke, sundried tomatoes & crusty bread*

#### Veggie Platter 15

*falafel, tempura veg, hummus, Manchego cheese, olives, sundried tomatoes, cornichons and pita bread*

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### Sides

#### Truffle & Parmesan Triple Cooked Chips 6

#### Seasonal Green Veg 5

#### Truffle Mac & Cheese 7.5

#### Rustic Sourdough Bread 5

### Mains

#### Moules Frites 17

*Norfolk mussels in a creamy white wine, garlic and parsley sauce with Koffman fries*

#### Lentil Stew 14.5

*Lentil stew with roasted pumpkin, mixed heritage veg, yoghurt and lovage oil*

#### Pie of the Day 16

*Served with mash potato, vegetables and gravy. Choose from steak, chicken or vegan*

#### Fish & chips 16

*Beer battered fish served with mushy peas, tartar sauce and Koffman fries*

#### Sausage & Mash 15

*Lincolnshire sausage, creamy mash potato, braised white cabbage with a red wine ju*

#### Caesar Salad 12 (add chicken for 3.5)

*Romaine lettuce, Parmesan, croutons in a Caesar dressing*

#### Couscous Salad 16

*giant couscous, roasted butternut squash, basil, piccolo pepper, kale, olives, feta*

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### Burgers

#### 8oz Premium Ground Beef Burger 16

*served in a brioche bun with lettuce, relish, tomatoes, pickles, red onion confit, cheese, fries*

#### Celeriac & Sweet Potato Burger 14

*served in a brioche bun with lettuce, relish, tomatoes, pickles, red onion confit, cheese, fries*

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### Desserts

#### Apple & Rhubarb Crumble 8

*served with custard*

#### Sticky Toffee Pudding 8

*with toffee sauce and clotted cream*

#### Ice-Cream 6

*choose from vanilla, chocolate, strawberry, lemon sorbet, raspberry, mango*

#### Selection of Cheese 8

*with grapes, crackers and plum chutney*

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## Wines

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### Red

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	125ml	175ml	Bottle
<b>Cabernet Sauvignon</b> <i>Punto De Vista, Chile</i>	4.5	6.7	26
<b>Malbec</b> <i>Rocosa, Argentina</i>	5	7.5	30
<b>Rioja Crianza</b> <i>Lan, Spain</i>	5.3	7.8	32
<b>Pinot Noir</b> <i>Trinity Hill, New Zealand</i>	5.6	8	34
<b>Merlot</b> <i>McGuigan Black Label, Australia</i>	5.6	8	34
<b>Shiraz</b> <i>Dandelion Vineyards, Australia</i>	5.7	8.5	36
<b>Bordeaux</b> <i>Chateau Des Antonins, France</i>	5.7	8.5	36

### White

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	125ml	175ml	Bottle
<b>Bianco</b> <i>Cantina di Custoza, Italy</i>	4.3	6.6	26
<b>Pinot Grigio</b> <i>Savino, Italy</i>	4.5	6.8	27
<b>Sauvignon Blanc</b> <i>Framingham, New Zealand</i>	6.3	9.5	38
<b>Rioja Primi Luis</b> <i>Gurpegui Muga, Spain</i>	5	7.5	30
<b>Chardonnay</b> <i>Monrouby, France</i>	6	9	36

### Rose

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	125ml	175ml	Bottle
<b>Provence</b> <i>France</i>	5.6	8	34
<b>Sossego</b> <i>Portugal</i>	5	7.5	30

### Fizz

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	125ml	175ml	Bottle
<b>Prosecco</b> <i>Follador Treviso, Italy</i>		8	34
<b>Champagne Devaux</b> <i>Champagne, France</i>			50